

# channels.list

This method retrieves a list of the groups that the user is a member of.

## Method Parameters

Name	Type	Required	Description
token	String	Yes	Authentication token for the user

## Response

A list of [Channel](#) objects.

```
[
  { "id": "g:cfc76545-3400-4864-892a-513a9f4ae409", "name": "<channel
name 1>", memberCount: 5 },
  { "id": "g:ae6f08e-05e4-4f49-8e41-6607973ad989", "name": "<channel
name 2>", memberCount: 10 }
]
```